



## **Wellness Champion Program**

### **Prerequisites to be a Wellness Champion:**

- Employed by the District for at least one (1) year
- Covered under the District's Florida Blue group medical plan
- Utilize services at the Health and Wellness Centers
- Administrator Approval – Supervisor must sign off before the application is submitted.

### **Wellness Champion Roles & Responsibilities:**

- Attend meetings (held twice a year virtually)
- Serve as a trusted source for information about the Pasco Go Healthy programs and resources to help your co-workers stay healthy and improve wellbeing
- Distribute communications to promote upcoming Pasco Go Healthy events to your co-workers through: email, posters and flyers, and word of mouth
- Facilitate approved onsite wellness activities
- Gather feedback and input from co-workers to share with employee wellness in an effort to meet the Pasco Go Healthy yearly goals
- The Wellness Champion role is an additional responsibility that will not interfere with primary job duties.

### **Wellness Champion Incentives:**

- Wellness Champions are eligible to receive an incentive reward of \$150 per school year. Incentive rewards for Wellness Champions are split up into two (2) payments per year: One (1) payment of \$75 during the Fall Semester (July—December) One (1) payment of \$75 during the Spring Semester (January—June)
- These incentive rewards will be posted to a prepaid Visa debit card with the Pasco Go Healthy logo
- You must be the ACTIVE Wellness Champion at your approved work location during the time of payment in order to receive the incentive reward(s) for this program

