

## In-Person Group Sessions



# Quit tobacco with **Group Quit.**

There's never been a more important time to quit.

Sponsored by:



GULF COAST NORTH  
AREA HEALTH  
EDUCATION CENTER



## Virtual Group Sessions

### Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.\*  
\*if medically appropriate for those 18 years of age or older
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

For more information on Group Quit sessions, contact:

**Gulfcoast North AHEC**  
**813-929-1000**



**Florida  
HEALTH**

Learn more about all of Tobacco Free Florida's tools and services at [tobaccofreeflorida.com/quityourway](https://tobaccofreeflorida.com/quityourway)

### Group Schedule:

## One-Time In-Person Group Quit Sessions

**Good Samaritan Health Clinic of Pasco**  
5334 Aspen Street, New Port Richey  
Wednesday, July 12, 2023  
10:00am - 12:00pm

**Baycare - Morton Plant North Bay Hospital**  
6600 Madison Street, New Port Richey  
Wednesday, July 12, 2023  
6:00pm - 8:00pm

**AdventHealth Zephyrhills**  
38233 Daughtery Road, Zephyrhills  
Thursday, July 13, 2023  
2:00pm - 4:00pm

**AdventHealth Connerton**  
9441 Health Center Drive, Land O'Lakes  
Thursday, July 13, 2023  
6:00pm - 8:00pm

**Florida DOH - Dade City**  
13941 15th Street, Dade City  
Wednesday, July 19, 2023  
11:00am - 1:00pm

**HCA Florida Trinity Hospital**  
9330 State Road 54, Trinity  
Thursday, July 20, 2023  
6:00pm - 8:00pm

**Registration is required.**

Call the **GNAHEC** office or register online:  
[tobaccofreeflorida.com/groupquitcalendar](https://tobaccofreeflorida.com/groupquitcalendar)