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Dear Patty,

Q: My Primary Care Physician recommended that I see a Rheumatologist for my Arthritis. Do I need a referral? What is my copay?

A: No referrals are required to consult with an in-network specialist. The specialist copay varies by plan. For Basic HMO members, the copay is \$65 per visit. For HMO Premium and BlueOptions PPO members, the copay is \$50 per visit.

Q: How do I confirm if the Rheumatologist is in my plan's network?

A: You may access the Florida Blue website at www.floridablue.com. Then click on "Find a Doctor" link. Select your plan type: BlueCare (HMO) or BlueOptions (PPO Standard members) and then perform your search criteria. You may also contact me at one of the above phone numbers for assistance.

Q: I was diagnosed with osteoarthritis of the knee. My Rheumatologist ordered hyaluronan injections such as Synvisc® for my knee. Are these injections covered under my health plan?

A: No, these injections are not covered. Intra-articular hyaluronan injections are associated with clinically irrelevant benefit and an increased risk of adverse events; therefore, are considered **not medically necessary**.



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Q: I have Rheumatoid Arthritis. My Rheumatologist prescribed Humira Injections. How are these injections covered under my plan?

A: This is a self-injectable medication and is covered under your prescription benefit. First, access the most current formulary/medication guide on www.floridablue.com or through your member portal (registered members). Next, search for Humira and you will find it under the category of **Analgesics-Anti Inflammatory Medications** on page 90. Select the dosage prescribed to you. According to the table, it is a Tier 2 Specialty Drug that requires Prior Authorization (PA) and subject to Quantity Limits (QL).

Q: What is the Prior Authorization Process for Humira?

A: In the April, 2021 Medication Guide on page VIII, there is a link to access the Prior Authorization Program Information and Forms. You may press **Ctrl Key and letter "F" key simultaneously** to do a quick search for the drug. Then in the column heading are links to the PA forms. Specialty medications may be filled using two in-network specialty pharmacies: [Accredo](#) and/or [CVS/CareMark Specialty](#). The form must be filled out by your prescriber and faxed or submitted online through CoverMyMeds. ***Please be aware that standard requests may take up to 14 days for the clinical review. If the request is marked "Urgent" then it may be reviewed within 3 days or sooner.***

Q: Humira was approved. What is my copay?

A: The Specialty Drug Tier Structure is: \$25 Generic/\$50 Preferred/\$100 Non-Preferred. Humira is a Tier 2 drug, therefore your copay is \$50.