



Patty Nguyen, On-Site Representative
 (813) 794-2492
 (727) 774-2492
 (352) 524-2492
 Patricia.Nguyen@floridablue.com

June 6, 2018

Dear Patty:

Q: What screenings are recommended for Men?

A: Below is a list of some of the recommended screening tests/preventive services:

SCREENING	DESCRIPTION OF BENEFITS
Abdominal Aortic Aneurysm (AAA) screening	<ul style="list-style-type: none"> • One time screening for ages 65 to 75 who have ever smoked or have a family history of AAA • Can be performed at your doctor's office or at a standalone diagnostic imaging center. Copay varies by plan. There will be higher out of pocket expenses if performed at a hospital.
Aspirin to prevent Cardiovascular Disease	<ul style="list-style-type: none"> • The use of aspirin for men ages 45 to 79 years when the potential benefit due to a reduction in myocardial infarctions outweighs the potential harm due to an increase in gastrointestinal hemorrhage.
Blood Pressure Screenings	<ul style="list-style-type: none"> • Screening for High Blood Pressure for adults age 18 and older.
Cholesterol abnormalities screening	<ul style="list-style-type: none"> • Men ages 35 and older: screening for lipid disorders • Men ages 20-35 years of age: screening for lipid disorders if they are at increased risk of coronary heart disease.

Patty's Points



Patty Nguyen, On-Site Representative
 (813) 794-2492
 (727) 774-2492
 (352) 524-2492
 Patricia.Nguyen@floridablue.com

Colorectal Cancer Screening	<ul style="list-style-type: none"> • Between ages 50 and 75 • Stool Test/Colonoscopy/Sigmoidoscopy • Routine Screenings & Diagnostic colonoscopies are covered 100% of the allowable charges. No copays apply. This includes participating/in-network facility charges, surgeon, anesthesiologist, & pathologist fees. (Note: Specimens sent to an out of network lab or pathologist will not be covered.)
Diabetes Screening	<ul style="list-style-type: none"> • Screening for abnormal blood glucose as part of cardiovascular risk assessment men ages 40 to 70 years who are overweight or obese.
Hepatitis B Screening	<ul style="list-style-type: none"> • Screening for hepatitis B virus infection in persons at high risk for infection
Hepatitis C Screening	<ul style="list-style-type: none"> • Screening for hepatitis C virus (HCV) infection in persons at high risk for infection • One-time screening for HCV infection to adults born between 1945 and 1965.
Lung Cancer Screening	<ul style="list-style-type: none"> • Annual screening for lung cancer with low-dose computed tomography in adults aged 55 to 80 years who have a 30 pack-year smoking history and currently smoke or have quit within the past 15 years
Prostate Cancer Screening	<ul style="list-style-type: none"> • Discuss with your doctor.
Skin Cancer Screening	<ul style="list-style-type: none"> • Discuss with your Primary Care Physician about getting screened. Under the HMO plans you have 5 visits per calendar year without a referral from your Primary Care Physician to consult with a BlueCare HMO participating Dermatologist.



Patty Nguyen, On-Site Representative
 (813) 794-2492
 (727) 774-2492
 (352) 524-2492
 Patricia.Nguyen@floridablue.com

Q: Which Immunizations are covered under my plan?

A: Here's a list of some of the covered immunizations.

IMMUNIZATIONS	PLAN BENEFITS
Annual Flu Vaccine	<ul style="list-style-type: none"> Covered 100% when administered at CareHere Health & Wellness Center (HWC), an in-network doctor's office or at an in-network Convenient Care Center (CCC), i.e., Participating Clinics located inside the Walgreens or CVS Pharmacy. <i>(Important Note: Not all locations are contracted to administer the flu vaccine. Please check with Patty Nguyen for a list of participating providers.)</i> Effective January, 2017, you may have this vaccine administered by a pharmacist at a local in-network pharmacy at no cost.
Pneumococcal PCV13 and PPSV23	<ul style="list-style-type: none"> Ages 19-64: if risk factors are present. Age 65 or older: 1-2 doses (Per CDC). Ages 50 and older: 1 dose (Florida Blue Benefits) Effective January, 2017 you may have this vaccine administered by a pharmacist at a local in-network pharmacy at no cost.
Shingles (Zoster) Vaccine	<ul style="list-style-type: none"> Age 50 or older: 1 dose Effective January, 2017, you may have this vaccine administered by a pharmacist at a local in-network pharmacy at no cost. <p>(Note: The Shingles Vaccine administered at the Pasco County Health Department is NOT COVERED.)</p>
Tetanus, Diphtheria and Pertussis (Td/Tdap)	<ul style="list-style-type: none"> Age 19 or older. Booster every 10 years. Covered 100% at CareHere HWC or at your in-network doctor's office.