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Dear Patty,

**Q:** My Primary Care Physician recommended that I see a Rheumatologist for my Arthritis. Do I need a referral? What is my copay?

**A:** No referrals are required to consult with an in-network specialist. The specialist copay varies by plan. For Basic HMO members, the copay is \$65 per visit. For HMO Premium and BlueOptions PPO members, the copay is \$50 per visit.

**Q:** How do I confirm if the Rheumatologist is in my plan's network?

**A:** You may access the Florida Blue website at [www.floridablue.com](http://www.floridablue.com). Then click on "Find a Doctor" link. Select your plan type: BlueCare (HMO) or BlueOptions (PPO Standard members) and then perform your search criteria. You may also contact me at one of the above phone numbers for assistance.

**Q:** I was diagnosed with osteoarthritis of the knee. My Rheumatologist ordered hyaluronan injections such as Synvisc® for my knee. Are these injections covered under my health plan?

**A:** No, these injections are not covered. Intra-articular hyaluronan injections are associated with clinically irrelevant benefit and an increased risk of adverse events; therefore, are considered **not medically necessary**.



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**Q:** I have Rheumatoid Arthritis. My Rheumatologist prescribed Humira Injections. How are these injections covered under my plan?

**A:** This is a self-injectable medication and is covered under your prescription benefit. First, access the most current formulary or medication guide from the Florida Blue website or through your member portal (registered members). Next, search for Humira and you will find it under the category of Rheumatoid and Osteoarthritis Medications starting on page 103 through 106. Select the dosage prescribed to you. According to the table, it is a Tier 2 Specialty Drug that requires Prior Authorization (PA) and subject to Quantity Limits (QL).

**Q:** What is the Prior Authorization Process for Humira?

**A:** In the Medication Guide on page VII, there is a link to access the Prior Authorization Program and Forms. You may press **Ctrl Key and letter "F" key simultaneously** to do a quick search for the drug. Then in the column under "Links", you will be able to access the PA forms. Specialty medications may be filled using 2 in-network specialty pharmacies: AllianceRx Walgreens Prime Specialty and/or CareMark Specialty. The form must be filled out by your prescriber and faxed or submitted online. ***Please be aware that standard requests may take up to 14 days for the clinical review. If the request is marked "Urgent" then it may be reviewed within 3 days or sooner.***

**Q:** Humira was approved. What is my copay?

**A:** The Specialty Drug Tier Structure is: \$25 Generic/\$50 Preferred/\$100 Non-Preferred. Humira is a Tier 2 drug, therefore your copay is \$50.