



Pasco County Schools Employee and Family Health and Wellness Center

Frequently Asked Questions

Q: What is the employee health and wellness center?

A: It is a health center that is dedicated for use by the Pasco County School District's employees, dependents and retirees who are covered under the School District's group health insurance program that offers primary care type services, to include chronic disease management, popular medications, health risk assessments, lab work, disease management, health coaching & education, and occupational health services as a no-cost option to the traditional insurance network.

Q: Who is eligible to use the services?

A: Employees, spouses and dependents (over the age of 10; age 8 and above for acute/urgent care) who are covered under the health insurance plan offered by the School District.

Q: Will the health center replace my doctor and insurance plan?

A: No, the health center is not intended to replace the existing insurance program. The existing insurance plan will remain in place and you may still see the current doctors you are visiting. The employee health center is a voluntary option that is available at a no out-of-pocket cost that works in conjunction with the traditional insurance network.

Q: Will my personal medical information be shared with the School District or any of its staff?

A: No, protected health information will not be shared with the School District or any staff.. The same rules and regulations that apply to medical providers in the traditional medical delivery system apply to the staff working at Employee Health Center.

Q: Do I have to participate in the HRA blood draw to access services offered at the Employee Health Center?

A: No, participation is not required, but it is encouraged to help you proactively identify health risks and provide the medical staff information to provide the highest level of support possible. The HRA requires a 12-hour fast (stay hydrated by drinking plenty of water before your appointment) and can be scheduled during the lab hours or during regular appointment slots.

Q: Should I drink water the night before and the morning of my HRA blood draw?

A: Yes, please drink plenty of water the night before and morning of your appointment. Drinking at least 32oz (4 glasses) of water will help improve the ease of drawing your blood. Coffee with sugar, cream and other beverages should be avoided.

Q: May I bring my spouse and dependents (18 years and older) to get their blood drawn if they are also covered under the insurance plan?

A: Yes, spouses and dependents 18 and older are eligible to get their HRAs as well and should also schedule a separate time slot for their appointment.

Q: Can all of my medication(s) be filled through the Employee Health Center?

A: No, not all medications will be stocked. Between 150-200 meds will be stocked that address the most widely-used medications through your current health plan, including those for diabetes, hypertension, cholesterol and other common and or chronic conditions. Adjustments will continually be made to the formulary based on the feedback from the medical staff and a continuing financial analysis. Remember that an appointment will need to be set for an examination with the medical staff to review your medication needs and to fill eligible prescriptions. A formulary will be customized for the Health Center prior to the opening dates of patient visits..

Q: Will the Health Center be staffed with a mid-level provider such as a Nurse Practitioner or a Physician?

A: The foundation of medical services will be provided by a Physician and other supporting medical staff...there may be a Nurse Practitioner and/or a Physicians' Assistant to augment services under the direct supervision/oversight of a physician.

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