

In-Person Group Sessions



Quit tobacco with **Group Quit.**

There's never been a more important time to quit.

Sponsored by:



GULFCOAST NORTH
AREA HEALTH
EDUCATION CENTER



Virtual Group Sessions

Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.*
*if medically appropriate for those 18 years of age or older
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

For more information on Group Quit sessions, contact:

Gulfcoast North AHEC
813-929-1000

Group Schedule:

One-Time In-Person Group Quit Sessions

Atonement Lutheran Church
29617 SR 54, Wesley Chapel
Tuesday, September 12, 2023
10:30am - 12:30pm

Good Samaritan Health Clinic of Pasco
5334 Aspen Street, New Port Richey
Wednesday, September 13, 2023
10:00am - 12:00pm

Baycare - Morton Plant North Bay Hospital
6600 Madison Street, New Port Richey
Wednesday, September 13, 2023
6:00pm - 8:00pm

CareerSource Pasco Hernando
4440 Grand Boulevard, New Port Richey
Friday, September 15, 2023
10:00am - 12:00pm

AdventHealth Zephyrhills
38233 Daughtery Road, Zephyrhills
Tuesday, September 26, 2023
10:00am - 12:00pm

Metropolitan Ministries - Holiday
3214 U.S. Highway 19, Holiday
Thursday, September 28, 2023
9:30am - 11:00am

Registration is required.

Call the GNAHEC office or register online:
tobaccofreeflorida.com/groupquitcalendar



**Florida
HEALTH**

Learn more about all of
Tobacco Free Florida's tools and services at
tobaccofreeflorida.com/quityourway