



VITAL INVESTMENT PROGRAM (VIP)

ENGAGED COACHING & PERSONALIZED CARE

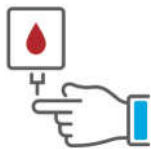
My Health Onsite offers **over 30 free wellness programs** called the Vital Investment Program (VIP) facilitated by onsite registered nurse educators, registered dietitians, health coaches and tobacco treatment specialists. VIP's include topics such as *Diabetes, Hypertension, Weight Management, Stress Management, Tobacco Cessation, Hyperlipidemia and much more!* Each program is personalized to meet individuals where they are to support goal setting and behavior change.



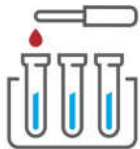
- ▶ Nutrition & wellness counseling with Dietitian & Nurse Educator
- ▶ Personalized wellness services with one-on-one health coaching
- ▶ Additional online programs include webinars, weight loss program & wellness challenges
- ▶ Treating high-risk conditions early such as diabetes & hypertension
- ▶ All services we offer are completely free for all eligible patients

ASK YOUR PROVIDER TO BE REFERRED INTO OUR FREE WELLNESS PROGRAMS

PATIENTS MAY ACCESS A RANGE OF MEDICAL SERVICES AT NO COST



Diabetic Testing
Supplies



Lab
Services



Personalized Wellness
& Nutrition Coaching



Well-Woman
Appointments



Medical Care for
Chronic Conditions



Preventative Care
Appointments

Schedule an appointment today via the [healow app](#) (practice code: DAAEBD), through our online patient portal at www.my-patientportal.com or by calling the toll free **24-hr Call Center Support Team at: 888-644-1448**.