

## In-Person Group Sessions



# Quit tobacco with **Group Quit.**

There's never been a more  
important time to quit.

Sponsored by:



GULFCOAST NORTH  
AREA HEALTH  
EDUCATION CENTER



## Virtual Group Sessions

### Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.\*  
\*if medically appropriate for those 18 years of age or older
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

For more information on Group Quit sessions, contact:

**Gulfcoast North AHEC**  
**813-929-1000**

## Group Schedule:

### One-Time In-Person Group Quit Sessions

**HCA Florida Trinity Hospital**  
**9330 State Road 54, Trinity**  
**Thursday, April 6, 2023**  
**12:00pm - 2:00pm**

**Florida DOH Pasco - New Port Richey**  
**10841 Little Road, New Port Richey**  
**Wednesday, April 12, 2023**  
**11:00am - 1:00pm**

**Baycare - Morton Plant North Bay Hospital**  
**6600 Madison Street, New Port Richey**  
**Wednesday, April 12, 2023**  
**6:00pm - 8:00pm**

**AdventHealth Connerton**  
**9441 Health Center Drive, Land O'Lakes**  
**Thursday, April 13, 2023**  
**2:00pm - 4:00pm**

**Florida DOH Pasco - Dade City**  
**13941 15th Street, Dade City**  
**Wednesday, April 19, 2023**  
**11:00am - 1:00pm**

**Registration is required.**

**Call the GNAHEC office or register online:**  
**[tobaccofreeflorida.com/groupquitcalendar](https://tobaccofreeflorida.com/groupquitcalendar)**



**Florida  
HEALTH**

Learn more about all of  
Tobacco Free Florida's tools and services at  
**[tobaccofreeflorida.com/quityourway](https://tobaccofreeflorida.com/quityourway)**