

There's never been a better time to quit with Group Quit.

Tobacco Free Florida's Group Quit Sessions (in-person or virtual) now offer participants \$50 - \$125 in gift cards for their attendance.*



Free, expert-led in-person or virtual sessions for all Florida residents, regardless of insurance status. Upon class completion, participants are eligible to receive free nicotine replacement therapy such as gum, patches or lozenges.**

Pre-registration is recommended.

Call Gulfcoast North AHEC

today at: 813-929-1000

*while supplies last **if medically appropriate for those 18 years of age or older

Learn more about all of Tobacco Free Florida's tools and services at tobaccofreeflorida.com/quityourway.







