



Patty's Points



Patty Nguyen, On-Site Representative
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Welcome Back to School! It's hard to believe a new school year is upon us. As we proceed into the third quarter of the year, don't forget about your annual physical and well visits for your children. It's a good time to make sure your children are up to date on their vaccines before they return to school. Click [here](#) for Florida Blue's 2022 General Wellness Guidelines for the whole family.

Dear Patty,

Q: I tried to make an appointment with my Primary Care Physician (PCP) for my annual physical but was advised it was too soon. Do I have to wait 365 days from my last annual physical?

A: No, you do not have to wait. You are allowed one annual physical per calendar year at no cost to you.

Q: My PCP recommended that I receive the Shingles vaccine. Is it covered?

A: Yes, you are eligible for the 2-dose Shingrix vaccine at age 50 and older.

Q: What is the copay for the Shingrix vaccine?

A: Since vaccine services are preventive, there is no member cost share.



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Q: Where can I go for the Shingrix vaccine?

A: You may go to your local Walgreens Pharmacy and have it administered by a pharmacist or you may have it administered at My Health Onsite (MHO). Also, it's covered when administered by an in-network PCP if he/she supplies the vaccine.

Q: My PCP is referring me for a Lung Cancer Screening Test. Is it covered by my plan?

A: Yes, it is a preventive service, therefore there is no member cost share if you meet the criteria. According to the 2022 General Wellness Guidelines, you are eligible if you meet the following criteria:

- Ages 50-80 AND
- 20-pack smoker history AND
- Current smoker or quit within the past 15 years

Q: I missed the flu clinic at my school. What are my other options for receiving a flu vaccine at no cost?

A: Here are your other options:

- Go to your local Walgreens Pharmacy and get your flu vaccine administered by a pharmacist
- Make an appointment with your PCP or Pediatrician for your child(ren).



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Q: I noticed that the minimum age for Colorectal Cancer Screening changed from age 50 to age 45. Is that correct?

A: Yes, that is correct. Starting at age 45 you can have a routine colonoscopy at no cost to you.

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Q: I met my Calendar Year Out of Pocket Maximum of \$5,500 back in June, 2022, but my doctor is still trying to collect an office copay. I should not owe any further copays, correct?

A: Yes, you are correct. Once you satisfy the \$5,500 Calendar Year Out of Pocket Maximum, all **covered** and **authorized** services are covered at 100% of the allowable charges through the end of the calendar year, by the plan.

Upon request I can provide you with a claims summary report and a letter stating you met your Calendar Year Out of Pocket Maximum. I can also contact your doctor's office to inform them.