

In-Person Group Sessions

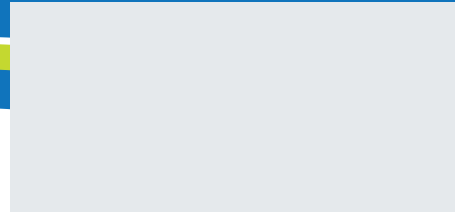


Virtual Group Sessions

Quit tobacco with **Group Quit.**

There's never been a more
important time to quit.

Sponsored by:



Benefits:

- **FREE** expert-led sessions.
- **FREE** nicotine replacement therapy such as patches, gum, or lozenges.*
*if medically appropriate for those 18 years of age or older
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.

For more information on Group Quit sessions, contact:

Gulfcoast North AHEC

813-929-1000

Group Schedule:

4-Week Virtual Group

Tuesdays

June 7 - June 28, 2022

11:30am - 12:30pm

One-Time Virtual Group

Wednesday, June 1, 2022 | 1:00pm-3:00pm

Friday, June 3, 2022 | 10:00am-12:00pm

Monday, June 6, 2022 | 2:00pm-4:00pm

Wednesday, June 8, 2022 | 5:30pm-7:30pm **SPANISH**

Thursday, June 9, 2022 | 5:30pm-7:30pm

Friday, June 10, 2022 | 10:00am-12:00pm

Monday, June 13, 2022 | 6:00pm-8:00pm

Wednesday, June 15, 2022 | 1:00pm-3:00pm

Friday, June 17, 2022 | 10:00am-12:00pm

Monday, June 20, 2022 | 6:00pm-8:00pm

Wednesday, June 22, 2022 | 1:00pm-3:00pm

Friday, June 24, 2022 | 10:00am-12:00pm

Monday, June 27, 2022 | 6:00pm-8:00pm

Wednesday, June 29, 2022 | 1:00pm-3:00pm



**Florida
HEALTH**

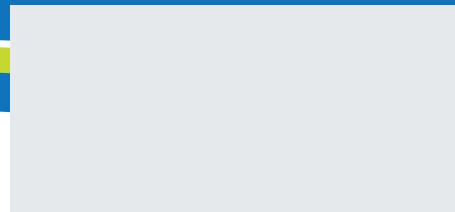
Learn more about all of
Tobacco Free Florida's tools and services at
tobaccofreeflorida.com/quityourway

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Group Schedule:

One-Time In-Person Group Quit Sessions

TGH Family Care Center - Healthpark
5802 N 30th Street, Building D, Tampa
Friday, June 3, 2022
10:00am - 12:00pm

Good Samaritan Health Clinic of Pasco
5334 Aspen Street, New Port Richey
Wednesday, June 8, 2022
10:00am - 12:00pm

Florida DOH Pinellas - Mid County
8751 Ulmerton Road, Largo
Thursday, June 9, 2022
12:00pm - 2:00pm

AdventHealth North Pinellas - Lunch Provided
1395 S Pinellas Avenue, Tarpon Springs
Monday, June 13, 2022
11:00am - 1:00pm

Gracepoint The Coffee Shop Homeless Shelter
6220 N. Nebraska Ave. Suite A, Tampa
Wednesday, June 15, 2022
9:00am - 11:00am

Oak Hill Hospital
11371 Cortez Boulevard, Brooksville
Wednesday, June 15, 2022
2:00pm - 4:00pm

Crescent Community Clinic
5244 Commercial Way (US 19), Spring Hill
Monday, June 20, 2022
10:00am - 12:00pm

AdventHealth Wellness Center Zephyrhills
38233 Daughtery Road, Zephyrhills
Monday, June 20, 2022
1:00pm - 3:00pm

Suncoast Community Health Center - Plant City
801 E Baker Street, Plant City
Thursday, June 30, 2022
10:00am - 12:00pm



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