



Patty Nguyen, On-Site Representative  
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Dear Patty:

**Q: What screenings and/or preventive services are recommended for men?**

A: Below is a list of some of the services.

PREVENTIVE SERVICE	DESCRIPTION OF BENEFITS
Abdominal Aortic Aneurysm (AAA)	<ul style="list-style-type: none"> <li>Perform 1-time screening for Abdominal Aortic Aneurysm (AAA) with ultrasonography in men between ages 65 and 75, with history of smoking</li> </ul>
Aspirin to prevent Cardiovascular Disease (CVD) and Colorectal Cancer (CRC)	<ul style="list-style-type: none"> <li>Low-dose aspirin use for primary prevention of cardiovascular disease (CVD) and colorectal cancer (CRC) in men ages 50 to 59 years with a 10% or greater 10-year CVD risk.</li> </ul>
Blood Pressure Screenings	<ul style="list-style-type: none"> <li>Screening for High Blood Pressure for adults age 18 and older.</li> </ul>
Cholesterol abnormalities screening	<ul style="list-style-type: none"> <li>Men ages 35 and older: screening for lipid disorders</li> <li>Men ages 20-35 years of age: screening for lipid disorders if they are at increased risk of coronary heart disease.</li> </ul>
Colorectal Cancer Screening	<ul style="list-style-type: none"> <li>Between ages 50 and 75</li> <li>Stool Test/Colonoscopy/Sigmoidoscopy</li> </ul>



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	<ul style="list-style-type: none"> <li>Routine Screenings &amp; Diagnostic colonoscopies are covered 100% of the allowable charges. No copays apply. This includes participating/in-network facility charges, surgeon, anesthesiologist, &amp; pathologist fees. (Note: Specimens sent to an <b>out of network lab or pathologist</b> will not be covered.)</li> </ul>
Abnormal Blood Glucose and Type 2 Diabetes Mellitus Screening	<ul style="list-style-type: none"> <li>Screening for abnormal blood glucose as part of cardiovascular risk assessment in adults age 40 to 70 years who are overweight or obese.</li> </ul>
Hepatitis B Screening	<ul style="list-style-type: none"> <li>Screening for hepatitis B virus infection in persons at high risk for infection</li> </ul>
Hepatitis C Screening	<ul style="list-style-type: none"> <li>Ages 18 to 79 years. Screening for hepatitis C virus (HCV) infection in persons at high risk for infection</li> </ul>
Lung Cancer Screening	<ul style="list-style-type: none"> <li>Annual screening for lung cancer with low-dose computed tomography in adults aged 50 to 80 years who have a 20 pack-year smoking history and currently smoke or have quit within the past 15 years</li> </ul>
Skin Cancer Screening	<ul style="list-style-type: none"> <li>Discuss with your Primary Care Physician about getting screened. Under the HMO plans you have <b><u>5 visits per calendar year</u></b> without a referral from your Primary Care Physician. Just make sure the Dermatologist is participating with the BlueCare HMO network.</li> </ul>



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## Q: Which Immunizations are covered under my plan?

A: Here's a list of some of the covered immunizations.

IMMUNIZATIONS	PLAN BENEFITS
Annual Flu Vaccine	<ul style="list-style-type: none"> <li>Covered 100% when administered at My Health Onsite or at in-network doctor's office.</li> <li>Under Pharmacy benefits, covered 100% when administered by a pharmacist at an in-network pharmacy.</li> </ul>
Pneumonia Vaccine	<ul style="list-style-type: none"> <li>Age 50 or older. One dose covered 100% at My Health Onsite or at in-network doctor's office.</li> <li>Under Pharmacy benefits, covered 100% when administered by a pharmacist at an in-network pharmacy.</li> </ul>
Shingles (Zoster) Vaccine	<ul style="list-style-type: none"> <li>Age 50 or older. Covered 100% at My Health Onsite or at in-network doctor's office if he/she supplies the vaccine. If your doctor does not supply the vaccine he/she can order from CVS Caremark Specialty Pharmacy Services. Phone number is 1-866-278-5108.</li> <li>Under Pharmacy benefits, covered 100% when administered by a pharmacist at an in-network pharmacy.</li> </ul> <p>(Note: The Shingles Vaccine administered at the Pasco County Health Department is NOT COVERED.)</p>
Tetanus, Diphtheria and Pertussis (Td/Tdap)	<ul style="list-style-type: none"> <li>Age 19 or older. Booster every 10 years. Covered 100% at My Health Onsite or at in-network doctor's office.</li> </ul>



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**Q: Are routine eye exams covered under my plan?**

A: Routine eye exams are NOT covered under your Florida Blue Medical Plan. Your medical plan covers treatment for eye diseases due to medical conditions and eye injuries. For example, diabetes can cause glaucoma so your doctor may refer you to an ophthalmologist. To find an in-network eye specialist, please contact me directly or go online at [www.floridablue.com](http://www.floridablue.com) and click on "Find a Doctor" on the blue task bar. If you elected Davis Vision benefits please contact them at 1-877-923-2847 to inquire about routine eye exam benefits.

**Q: I had my annual physical on June 1<sup>st</sup> of last year. Do I have to wait after June 1<sup>st</sup> to schedule my annual physical for 2021?**

A: No, you do not need to wait. You are allowed one annual physical ***per calendar year***.