



Proactive. Engaged. Personalized.

TAKE ADVANTAGE OF FREE WELLNESS PROGRAMS



My Health Onsite is your complete source for improving health and boosting productivity. Through our interactive portals and your onsite or near-site health center, you will find easy access to the transformative power of onsite primary care and personalized services. We make **PREVENTION** our number one goal.

Our medical team, registered nurse educator and registered dietitian focus on building strong personal relationships. No one is rushed in and out, and no one is a "number."

Patients may access a range of medical services at no cost including:

- ▶ **Free Generic Prescriptions**
- ▶ **Well-woman & Preventative Care Appointments**
- ▶ **Treatment for Acute Illnesses Like the Flu**
- ▶ **Medical Care for Chronic Conditions**
(High cholesterol, high blood pressure, diabetes & more)
- ▶ **Free Diabetic Testing Supplies**



WELLNESS EDUCATION PROVIDED ON:

- Diabetes
- Hypertension
- Nutrition
- Asthma
- Hyperlipidemia
- Rhabdomyolysis
- Tobacco Cessation
- Stress Management
- Healthy Living
- Medication Management
- Weight Management
- Behavioral Health
- Anxiety/Depression
- Hyperthyroidism
- Hypothyroidism
- COPD
- PCOS
- And More...

REV032219

Call the 24-Hour Call Center Support Team to Learn More: **888-644-1448**