

Dear Patty:

- Q: I am trying to quit smoking. Which Tobacco Cessation Medications are covered under my prescription plan?
- A: The following Tobacco Cessation Medications are covered at no cost to you with a doctor prescription:
 - bupropion extended-release (generic indicated for smoking cessation)
 - Chantix
 - nicotine gum (generic)
 - nicotine lozenge (generic)
 - nicotine patch (generic)
 - NICOTROL Inhaler
 - NICOTROL Nasal Spray
- Q: Are there tobacco cessation classes available?
- A: Please click on link below for Tobacco Cessation program through CareHere or through AHEC:

http://connectplus.pasco.k12.fl.us/do/gohealthy/index.php/tobacco-cessation/

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Patricia.Nguyen@floridablue.com

- Q: Is hypnosis a covered treatment to quit smoking?
- A: No, hypnotherapy is not a covered treatment plan for smoking cessation.
- What other resources are available to quit smoking? Q:
- A: Free tools and services are available to help you quit smoking. Access the website: www.tobaccofreeflorida.com. Start your journey to a tobacco free life.
- Q: I do not have a computer or internet access. Is there a phone number I may call?
- A: Yes. The phone number is **1-877-U-CAN-NOW** (**1-877-822-6669**).

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