

# Florida Blue Center Event Calendar

## Carrollwood Center

### In the pursuit of a more family-focused you

Strengthen your family and you all benefit. Eat meals together, plan weekend activities and have an electronics-free weeknight now and then. They'll thank you for it someday!



### October 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### Carrollwood

15030 N. Dale Mabry Hwy.  
Tampa, FL 33618  
813-264-3000

Monday-Saturday, 9am-7pm

**\*Open at 8 am Starting 10/16**

Appointments available.

[FloridaBlueCenters.com](http://FloridaBlueCenters.com)



### Fit Club

#### NEW! Yoga Class, Wednesdays at 5:30 pm

Get centered again and gain flexibility in this FREE class. This class is great for any fitness level. Please wear comfortable shoes and clothes.

#### Tai Chi Class, Fridays at 9:00 am

Join this FREE class where you will get fit and clear your mind. Please wear comfortable shoes and clothes

**Flu Shots from Walgreens-** Stop by our center on select dates to get your flu shot from a Walgreens Pharmacist. See a member of our staff to schedule your appointment

**18 Wednesday Webinar: Women's Health, 12 pm-** Hear from ClineSanitas during this provider webinar hosted at our center.

**Medicare Advantage Annual Enrollment Seminar, 10/17, 10/21 & 10/24 at 10 am-** See why Florida Blue is your source for Medicare Advantage Plans and get a FREE entertainment coupon book. Don't miss your chance to enroll now! Reserve your seat today and take advantage of the Annual Election Period to get coverage that delivers the value you're looking for.

**4 Florida Blue Better You wellness Talk: Breast Cancer & Women's Health at 12 pm -** Join us for a live webinar to discuss breast cancer and women's health.

**24 Medicare Advantage Annual Enrollment Seminar, 10/24 at 2 pm-** See why Florida Blue is your source for Medicare Advantage Plans and get a FREE entertainment coupon book. Don't miss your chance to enroll now! Reserve your seat today and take advantage of the Annual Election Period to get coverage that delivers the value you're looking for.

**Florida Blue**   
In the pursuit of health®

■ = Care ■ = Fitness Event ■ = Education Event