

# Patty's Points



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Dear Patty:

Q: I would like to schedule my annual physical but my doctor says I have to wait exactly a year from my last annual physical in order for the insurance company to pay for it. Is that correct?

A: No, an annual physical and well woman exam are covered once per calendar year.

Q: I had my annual physical but when I checked my Florida Blue Member Health Statement it states I owe a copay. I thought this service was covered 100%?

A: Routine annual physicals are preventive services. They are covered 100%. However, if your doctor submitted the claim with a non-routine diagnosis then a copay would apply for the office visit. The statement would indicate the diagnosis. I recommend that you call your doctor's office for clarification.

Q: Which vaccines are recommended for Adults and Children?

A: Please [click here](#) review the 2017 Preventive Care Guidelines for Adults and Children. Please note these guidelines are recommendations from the [Agency for Healthcare Research and Quality \(AHRQ\)](#) and [Centers for Disease Control and Prevention \(CDC\)](#). For more information please access their websites: [www.ahrq.gov](http://www.ahrq.gov) and [www.cdc.gov](http://www.cdc.gov).

Q: My doctor is ordering a diagnostic mammogram. Do I have a copay?

A: No, diagnostic mammograms performed by an in-network provider are covered 100%, therefore no copay applies. However, if you receive any other imaging tests, such as an ultrasound, a copay may apply depending on your plan and location of service.

Q: My doctor is recommending the Shingles Vaccine since I am over 60 years old. Can I get it administered at the local pharmacy?

A: *Yes, Florida Blue now covers the Shingles Vaccine for members age 50 or older.* Effective 1/1/2017 the District integrated their pharmacy benefits with the medical benefits, therefore certain vaccines are now covered under your pharmacy benefits. For instance, the Shingles, Flu and Pneumonia Vaccinations are covered at \$0 copay when services are rendered by an in-network pharmacy which administers these vaccines.

**Another option is to contact the District's Health & Wellness Center at 1-877-423-1330 for the process on obtaining the Shingles Vaccine.**