

# Registration is NOW OPEN for the Annual Together We Stand Virtual 5K Run for Safe Schools.

The Annual Together We Stand Virtual 5K Run for Safe Schools is an event to help support our student leaders who are preventing bullying by making their schools safer and more inclusive.

- Proceeds from the TWS Virtual 5K Run will be used to provide scholarships for Pasco County high school students to attend the Summer Youth Leadership Institute hosted by Sunrise of Pasco
- Remaining funds will be used to help provide additional school and district-based student leadership activities, such as the Annual Together We Stand summit.

Virtual Race Dates: January 9, 2017 – February 28, 2017 Race anywhere, anyhow, with anyone!

### What is a Virtual Race?

- A virtual race is a flexible race.
- You register for the event during open registration.
- You complete the race within the Virtual Race dates.
- You can earn your 3.1 miles (5K) by running, walking, crawling, or skipping.
- You can earn your miles on the pavement, sand, treadmill, elliptical, or trampoline.
- You can complete the race individually or you can gather a group of friends, coworkers, peers, or family. We strongly encourage you to complete the race as a group and encourage inclusive practices. Consider organizing a group at your school, connecting with your school's Athletic Coach/Director, partner with your Girls on the Run group, organizing a local or regional event, or partnering with a neighboring school.
- You can also complete the race while competing in another race event. Check out these local races near you: CLICK HERE

#### REGISTER HERE!

## **CLICK HERE TO REGISTER**



Discounted registration for students, Pasco County School and Pasco County Sheriff's Office employees

TWS Race Medals will be provided to each person that registers. Medals will be shipped or couriered after the final race date.

# **Get TWS Merchandise Here!**

Order Tee-Shirts or Sweatshirts for your team.

\*\*Additional cost\*\*

**CLICK HERE TO ORDER**