

## Did You Know?

Your CareHere Health
and Wellness Center
provides employees and eligible
dependents with FREE Diabetes
Treatment, Education and Supplies

- Adults with diabetes have heart disease death rates about 2 to 4 times higher than adults without diabetes
- Diabetes is the leading cause of new cases of blindness among adults aged 20–74 years
- Generic medication, self-testing supplies (glucometers and strips) are available at no cost at your CareHere Health and Wellness Center.

## How do I get my FREE diabetes supplies?

## **Get your FREE diabetes tests and testing supplies today!**

You will be assigned a CareHere Health Coach for diabetes education. During the diabetes education program, you will speak with a nurse, registered dietitian and exercise physiologist to learn how to better control your diabetes.

Take advantage of this great service by scheduling an appointment online with the wellness center at CareHere.com or by calling 877-423-1330 today.

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