



STUDENT SCHEDULE



Creating a schedule has two benefits: (1) It allows you to see when you are available, making it easier to plan ahead.
 (2) It helps you create a routine, which helps foster focus and prevent procrastination.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Notes	
7:00 AM									
7:30								*Call Mom back	
8:00									
8:30								*Fill out application for scholarship	
9:00	BSC 2011	Study	BSC 2011	Study	BSC 2011		Family Time		
9:30									
10:00	SI Session		SI Session		Study	Volunteer at Animal Shelter		*Sign up for football ticket	
10:30									
11:00	Lunch		Lunch	SARC Tutoring					
11:30		Lunch							
12:00 PM	Study		Study	Lunch			Lunch		
12:30					Lunch				
1:00		CHM 2045		CHM 2045		Lunch	Study		
1:30									
2:00	AMH 2020		AMH 2020		AMH 2020	Fun & Relaxation			
2:30									
3:00		MAC 2312		MAC 2312				Study Break	
3:30	Study		Study		SI Session				
4:00								Study	
4:30		Dinner Break		Dinner Break	Study				
5:00									
5:30	Dinner Break		Dinner Break						
6:00		Work		Work				Dinner Break	
6:30									
7:00	Study		Club Meeting		Dinner Break				
7:30							Relax		
8:00			Gym		Gym				
8:30									
9:00									
9:30									
10:00									
10:30									
11:00									

What's your schedule?

- 1) List regular weekly commitments: class, work, tutoring, meals, extracurriculars, and commuting.
- 2) Find your open times & assign study times. When do you focus best? Include study breaks as well!
- 3) After scheduling the above, find weekly time for yourself to relax, exercise, and socialize.

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